Dear Parents,

Kindly inform the kitchen staff of any food-related restrictions your child may have.

A **food allergy** is an allergic reaction to a particular food. A much more common condition, **food intolerance**, is not an allergic reaction but is any other undesirable effect of eating a particular food.

**Student’s name:** ______________________  **Grade:** ____________

**Food allergy:**

_________________________________________________________

_________________________________________________________

_________________________________________________________

**Food intolerance:**

_________________________________________________________

_________________________________________________________

_________________________________________________________

**Other (ethical, religion related):**

_________________________________________________________

_________________________________________________________

_________________________________________________________

**Parent’s / Guardian’s signature:** ____________________________

Please return this form to school nurse.

Thank you!